



Holiday Crafting for Youth

December 11th, 2025 | 5:00pm-6:00pm | Mike Rodden Arena
450 Hurdman St, Mattawa ON

Come be a part of the Métis Family Wellbeing Program's youth drop in workshop, specially designed for youth ages 13-18!

In this session, participants will get all the materials and supplies needed to create a beautiful Holiday star craft.

We'll also dive into a conversation about emotional regulation—ever heard of it? Let's explore what emotional regulation really means together!

P.S Snacks will be provided

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Métis Nation
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